






# EDUCATIONAL PACKAGE

## EXHIBITIONS

-  The house of Bahareque
-  From adobe to Bahareque
-  Everyday life
-  Bees
-  The history of coffee

 **La Fonda**  
Traditional cuisine production project

 **Traditional games**

-  Parking
-  Security
-  Toilet hole
-  Multi-purpose hall
-  Festive events
-  Documentation center
-  Antique collection of masks
-  Souvenir shop
-  La Troja
-  La Fonda
-  Plant nursery
-  Bees
-  Restrooms

## MAP



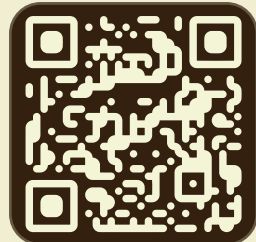
## FAMILY SUNDAYS

Exhibitions and sale of food at the fonda "Costa Rican cuisine"

## WEEKDAYS

On weekdays book for the following services:

- Guided tours for students, tourists and other organised groups.
- Festive and family celebrations (birthdays, weddings, anniversaries, etc..).
- Business meetings for companies or institutions, including catering services.
- Buy toys and handicrafts at the shop.



📍 Santa Lucía, Barva de Heredia

☎ 2260-1619 📞 7065-4759

✉ mcp@una.cr

📘 Museo de Cultura Popular, UNA

📷 museodecultura.cr

3920-23-P.UNA

## 1 THE HOUSE AND THE BACKYARD

In the interior and exterior spaces of the bahareque\* house built at the end of the 19th century, relive the beliefs, legends, games, uses, trades, knowledge and traditions of the daily life of the Costa Ricans of the past. The house, the living room, dining room, kitchen, bedrooms, hall, with its furniture, photographs, utensils, ornaments and clothing remind us of the way of life of our grandparents. The backyard, with the woodshed, clay oven, sink, ditch, the backyard, with the woodshed, clay oven, sink, ditch, toilet, troja and medicinal plants, reminds us of the daily day to day life. Here we can also observe:

- A centenary fig tree and fruit trees of the backyard guava, lime, guarumo.
- A garden of ornamental, medicinal and butterfly and bird feeding plants.
- An old stone path that led to the house, next to the walls of the the old stone walls of the area, with creepers of pasifora and veraneras\*. As well as the original entrance gate to the house from El Pedregal street.

## 2 FROM ADOBE TO BAHAREQUE

Let's learn about two forms of construction of the house, in which materials from the where materials from the environment were used, such as mud, wood, cane, grass, lime, tuna and colored ocher. What can we learn here?

- We learn about the two construction processes of adobe and bahareque.
- Observe that other objects, besides houses, can be built with mud.

## 3 THE SMALL FAMILY COFFEE FARM

Get to know the farmers' coffee plantation of the Central Valley, where there were guineos and fruit trees that were used for daily food. We can also find:

- Timber and shade trees, medicinal, handicrafts, dyeing, bird food, coverings and firewood for dyes, poultry food and firewood for the stove, iron firewood for the hearth, iron stove and oven.
- Shrubs and wild edible and medicinal herbs.
- Crops; seasonal crops such as tubers, beans, corn and sugar cane.
- Domestic and wild animals.
- Bio-garden for reuse of water from the kitchen.

## FOOD WITH HISTORY, FLAVOR AND NUTRITION

Learn how to prepare foods and drinks, from indigenous tradition and other cultures, which contributed foods, utensils and ways of preparation and and consumption in daily life and in festive celebrations. What can we do here?

- We observed crops that were found in the courtyards of the and served to prepare rich and healthy meals for the family.
- We participated in the workshops with older adults and learned to prepare a recipe using wheat, corn and other products prepared in the clay oven and the wood stove
- We consume the food with natural drinks.

## TRADITIONAL GAMES AND TOYS

Discover why traditional games were the great joy of our children in the past, who had fun with rondas, board games and with rounds, board games and outdoor games. We learn about the meaning and usefulness of traditional children's games for the the development of physical, mental and social skills and abilities. What to do in this place?

- We play board games such as: cards, jacses, foosball, spinning top, yoyo and bolero.
- Outdoors we participate in the rounds, stilts, mecate, hopscotch, sack races and many others.
- We played dominoes in the museum with the theme of plants.

## ANTIQUE COLLECTION OF MASKS

We conserve and exhibit an antique collection of masks from the beginning of the 20th century. We observe the collection of antique masks thematically classified into: animals, characters of the people, mythical characters and television figures of the time.

Buy traditional plants at the Museum's nursery



# MUSEO DE CULTURA POPULAR

